



## SXL Gymnastics – Smoke Free Policy

### POLICY STATEMENT

SXL Gymnastics Smoke Free Policy provides for a healthy, smoke free environment at all SXL Gymnastics venues. The policy applies to all people within SXL Gymnastics venues including employees, members, participants, volunteers and visitors.

As SXL Gymnastics has a large community of families and young children, compliance with our smoke free policy is strongly encouraged and greatly appreciated.

### PURPOSE

The aim of SXL Gymnastics Smoke Free Policy is to provide a smoke free environment for non-smokers and a pleasant, cleaner environment for all. The specific goals of the policy are to:

- Reduce the health risks associated with smoking and exposure to environmental tobacco smoke.
- Provide a healthier, cleaner and safer work environment.

### RATIONALE

Legislation and the legal duty of care provide clear reasons to have a smoke free club. Being smoke free helps SXL Gymnastics comply with these responsibilities and provide a healthier club environment.

Other rationale includes;

- Common law: the club has a legal duty to ensure that employees, volunteers, members, spectators, players, officials and visitors are not exposed to potentially harmful situations.
- Role modelling: can have a significant impact on the junior members of the club. A smoke free policy can make smoking less visible and less socially acceptable, whilst creating a healthier and more attractive environment for new members.
- Effects on others: Second-hand smoke is considered irritating and hazardous to the health of other people, even when outdoors.

### SCOPE

- The policy applies to all SXL Gymnastics facilities including buildings and outdoor areas around SXL Gymnastics centres. The policy applies to all people within the Club's facilities including employees, members, participants, officials, coaches, volunteers, spectators and visitors.

## ENCOURAGING POLICY COMPLIANCE

There is strong community support for banning smoking at sporting venues. This means most people will voluntarily comply with the smoking ban and expect others to do so.

A common-sense approach is recommended to encourage compliance:

- Those staff that choose to smoke, may only do so in their designated breaks, provided they are not on SXL Gymnastics property or in club uniform.
- All staff members are responsible for encouraging adherence to the policy amongst visitors, but are not empowered to enforce compliance.
  - Upon seeing visitors smoking within the boundaries of any SXL Gymnastics sites, staff members are requested to approach the person and advise them that SXL has a smoke free policy in and around SXL premises.
  - Politely ask the person to refrain from smoking or move to a smoking area away from SXL premises.
  - If the person refuses to comply with SXL Gymnastics smoke free policy, the staff member should advise a member of the SXL Management Team.

## POLICY OUTCOMES

Anticipated outcomes of SXL Gymnastics Smoke Free Policy are as follows:

- Provision of cleaner environment for all people at SXL Gymnastics venues.
- Promotion of SXL Gymnastics as a leading example of a healthy and progressive organisation.

*Policy name: SXL Gymnastics – Smoke Free Policy*

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*Controlling body: SXL Management Team*

*Authorisation: SXL Management Team*

*Please note this Smoke Free Policy has been based on and is accordance with the Gymnastics Australia/ Club 10 policy guidelines accessed on the Gymnastics Australia website April 2017. Cross-checked for amendments June 2017; August 2018.*