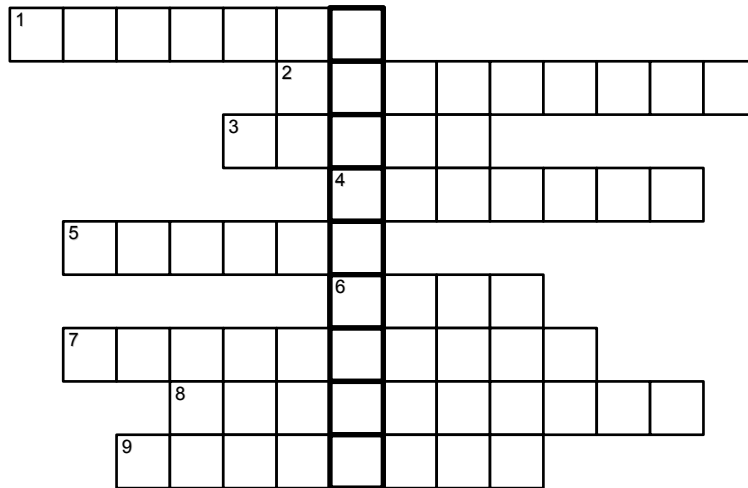


Hidden Word

SXL Hidden Word

Find the hidden word in the bold rectangles by filling the answers of the clues in the puzzle.



The hidden word is:

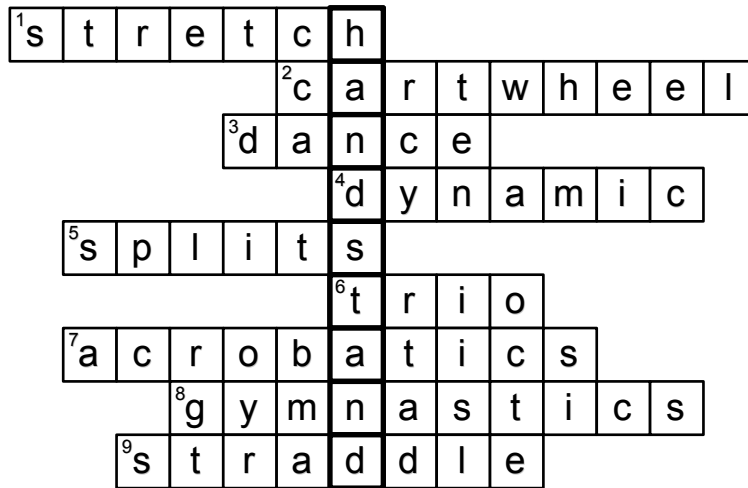
The clues:

1. You will do this before every gymnastics session.
2. Travelling handstand
3. To move your body in a way that goes with the rhythm and style of music that is being played.
4. Motion of pushing onto back and standing up quickly
5. Advanced leg stretches
6. Not a pair but a...
7. Pair or trio skills performed by gymnasts.
8. Physical exercises for developing strength and balance.
9. have one leg on either side of something

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